

PAABA Running Clinic

March 12, 2009

12:00 Noon

Sand Hill Rd

(Macy's Mens, El Camino side)

Directions:

An out and back down Sand Hill Rd.

We will meet at Macy's Men's at Stanford Shopping Mall, the entrance facing El Camino Real.

April 9, 2009

5:30 pm

Bayfront Park, Menlo Park

Directions:

101, exit Marsh Road east, where the road bends sharply to the right at the junction with Bayfront Expressway, continue straight.

May 14, 2009

5:30 pm

Palo Alto Baylands

Directions:

Baylands Athletic Center, 1900 Geng Road

101 North to Embarcadero Road East, turn left on Geng Road and follow it to the end.

**All Running
Levels
Welcome!!!**



Questions?

Palo Alto Area Bar Association
405 Sherman Ave
Palo Alto, CA 94036

Phone: 650-326-8322
E-mail: info@paaba.org

The PAABA Running Clinic is a group of PAABA attorneys who love to run, no matter what speed or distance. Walking is allowed if in furtherance of a running goal. Shop talk is definitely welcome. Discouragement and bad attitudes are not. True athletes know that, as good as you are, there's always someone better . . .

If you have any recommendations about courses, please contact the PAABA office.